

## Happy Winter!



Dear Friends,

Happy Winter! It's been a cold and snowy one here in the mountains of North Carolina. Love the snow but have never been much of a cold weather person. So, winter is a good time for me to remember to snuggle with Surrender, be present with What Is and drink in the warmth of knowing that All Is Well. I

may not have control over the outdoor temperature, but I do get to choose my attitude. We may not get to choose all of the circumstances in our lives, though I believe whatever comes our way is always there to assist us on our path, but we do get to choose how we respond and behave. This is very powerful. Choosing what is most life affirming for ourselves is empowering and helps us make more good choices.

Well, it's been a busy winter and there is much to share with you this quarter. I had the opportunity to film a YouTube video about animal communication. A new workshop has been scheduled to help you deepen your intuitive abilities and learn animal communication. One-on-one mentoring services are now available to you. And I'm having a little contest; the prize is a free consultation of your choice for the best suggestion. Details for all of these are listed below. I look forward to your feedback!

Wishing you joy and many blessings,  
Rain

## Helpful Tips & Info

Here are a few highlights of articles recently published on my blog to assist you and your animal friends. Just click on the title to read the article.

[Pilots Volunteer to Transport Rescue Animals](#)

[A Natural Way To Keep Your Dog's Teeth Clean](#)

[Fun & Challenging Toys for Your Dogs and Cats](#)

[How Cats Drink Water](#)

To view all blog posts made in the past few months, click on this link:  
<http://rainhummingbird.com/blog/>

Feel free to "Leave A Comment" at the end of any blog post. I welcome your feedback.

## New YouTube Video

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## Follow My Blog



To "follow" my blog via email, which means you'll receive an email whenever a new post is made, click [here](#) or, if you'd

like to follow my blog via RSS Feed, click [here](#).

There is a comment button at the bottom of each blog post. Please share your thoughts and feedback. I'd love to know what you think!

## Animal Rescue Site



[The Animal Rescue Site](#) provides money to rescued animals. The sponsors of the website pay for food and care and 100% goes to



A wonderful opportunity to film a short video about [animal communication](#) came my way and I'm delighted to share this with you. Please let me know what you think and feel free to forward to friends and help inspire others explore the joy of animal communication. Thank you!

Thank you to everyone who sent photos to me to include in the video! If yours was not selected, that was a technical choice made by the producer who chose images based on photo size/quality, related content etc. All of your animals are beautiful; we just weren't able to include all images. I'd also like to thank Sheridan Hill of Live A Little Books & Video for her wonderful work on the video and her lively and joyful nature. [www.livealittlebooks.com](http://www.livealittlebooks.com)

## New Workshop

### Deepen Your Intuitive Abilities and Learn to Communicate with Animals

6 hour teleclass workshop scheduled in four 90 minute classes Thursdays, March 10, 17, 24, 31 from 7pm-8:30pm Eastern Time  
Early registration incentive through February 15.  
Click here to read details: <http://rainhummingbird.com/workshops/>

## Mentoring Services



Would you like to deepen your intuitive abilities? Perhaps you'd like to learn how to communicate with your animal companions more. Or maybe you'd like to journey for yourself. I am offering personalized mentoring to assist you on your path. Please contact me to discuss your needs. I look forward to being of service to you.

## Win A Free Consultation

### Calling all creative ideas!

If you have been receiving my newsletters for some time, you may have noticed a new format with this issue. This new template will be used from now on and I'm looking for suggestions for a Title for my newsletter. I came up with the idea of: Reigning Cats and Dogs. Although I thought this was kind of clever, it does not encompass all of the animals that I work with. So, I thought it might be fun to enlist your creativity and have a little contest. Let the creative juices flow and please email any suggestions to me at: [rain@rainhummingbird.com](mailto:rain@rainhummingbird.com)

The winner will receive a complimentary consultation of their choice. Thank you! I can't wait to see what you come up with!

## Linked In

I have received a number of requests to join LinkedIn over the past months. If you have sent me an invitation, please accept my apologies for not joining you on LinkedIn sooner. I'm not much of a techie so it

charity. You can help by visiting their site. It's FREE and it only takes 5 seconds. Please consider [clicking](#) on this link to help animals in need. Thank you.

## Contact & Services



### Animal Communication:

Have you ever wondered what your animal companion was trying to tell you? A consultation can help you understand your animal and enhance your relationship.

**Soul Journey:** Receive insights, guidance and healing directly from your Spiritual Guides in a Soul Journey...like a bridge that connects you more deeply with your Divine Essence.

**Reiki:** Experience the powerful and gentle healing energy of Reiki for yourself or your animal companion.

**Mentoring:** Offering personalized mentoring to deepen your intuitive abilities.

**For more information**, please go to my [website](#), call me at (828) 337-4686, or send me an [email](#).

## Forward to a Friend

If you find my newsletter helpful, please help me spread the word to friends and family. I want to make my services available to anyone who would like to deepen their relationship with their animal companions... and themselves. Thank you! Just click "Forward to a Friend" below.

Forward  
To A Friend



takes me a little while to get on board with these things. But, I am on LinkedIn now. Please click on the icon at the bottom of the sidebar if you would like to connect with me there. Thank you.

## Change in Rates

There have been a few minor changes to some of my rates. Just wanted to let you know. For more information, please click: <http://rainhummingbird.com/ratesandpayment/>



## Have A Tip or Story to Share?



Do you have a favorite story about your animal? Perhaps a cute video, helpful tip or suggestion, maybe a favorite rescue story? Please send them to me to share with other animal lovers who read my blog and newsletters. Send a photo of your animal to include too!